



Bandaging Skills

An NHA Activity

October 10 - 18, 2026

Hello!

This is the second activity of the National Hippology Academy, hosted by the IEA.

In this activity, you will demonstrate how to wrap a horse's leg and submit a video for review.

Safety Rules

- You **MUST** have permission from the owner to use their horse in your demonstration.
- An adult **MUST** be present during the demonstration.
- The demonstration **MUST** be done in a place that is safely removed from any other obstacles, such as large equipment or other horses.
- When you are applying the wrap to the horse's leg, there must be ample space for you to stand and move away from the horse, if necessary.

Submissions that clearly violate any of the above rules will not be considered.

General Rules

- If a horse is not available, you may use a [human leg](#) 😊
- Demonstrate applying the bandage type of your choosing.
 - For example: standing/stable bandage, shipping bandage, treatment bandage (ice, heat, figure 8, spider).
 - A simple polo wrap is not an option for this activity.
- During the demonstration, you must tell us:
 - What type of bandage you are demonstrating.
 - Explain how to apply the bandage to the leg as if you were teaching someone else how to do it.
 - Name a reason(s) why someone might use the type of bandage
 - The video must be 3 minutes or less

Submission

- A link to your video must be submitted through this [Google Form](#).
- We recommend Google Drive, YouTube and Vimeo. No links from social media.
- Please check that the permissions on the video will allow us access.

If you also choose to share the video on social media, please be sure to tag IEA and the National Hippology Academy: @rideiea @nhabyiea

Evaluation

- Each video will be evaluated using the criteria set out in the Safety and General rules above.
- The top two videos for both futures and upper school will receive a prize. Winners will be announced on the IEA website by October 21, 2026.

If you have any questions, please reach out to me immediately.

Good luck!!

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