



## IEA Participant COVID-19 Checklist

Equestrian competitions are one of the few athletic offerings currently permitted. To ensure IEA shows may continue operating, all attendees share responsibility in being COVID-19 conscious and proactive in safeguarding themselves and others. Everyone taking part in an IEA show, including but not limited to, those working as paid staff members or volunteers, participating as coaches or riders, or attending as spectators **must** follow IEA COVID-19 MANDATES.

Along with precautions that event hosts will be implementing, participants and spectators at IEA shows will need to cooperate with and contribute to efforts limiting exposure and spread of COVID-19. Before heading out to an IEA show, please review the following checklist and new rule - IEA COVID-19 MANDATES.

- Take your temperature before leaving home. Anyone with a temperature of 100.4 or higher may not attend the show.
- Stay home if feeling ill or exhibiting any symptoms of COVID-19.
- Check the horse show prize list for additional COVID-19 notes or directives specific to the host facility.
- Ensure all attendees have signed any additional COVID-19 waivers of liability that might be required.
- Limit the number of spectators attending to one per rider.
- Wash and/or sanitize your hands upon arrival at the show and frequently while in attendance. Bring your own personal supply of hand sanitizer and/or disinfectant wipes.
- Wear a face covering (Mask) when not mounted on a horse. Riders will not be penalized for opting to wear a face covering (Mask) while competing. Attendees are expected to provide their own masks.
- Come dressed ready to ride. Changing rooms will not be available on site.
- Coordinate with your team coach about the show schedule, arrival time, and means for communicating with one another during the show.
- Wait in your vehicle until it is time to ride. Congregating ringside (indoors or outside) in groups will not be permitted.
- Maintain Social-Distancing of at least 6 feet between non-family members when out of your car and moving around the show grounds.
- Depart the show grounds as soon as your last class is complete.

 Bring your own snacks, drinks, and coffee. Do not expect vendors of food or other goods to be on site.

 Advise the IEA membership office ([info@rideiea.org](mailto:info@rideiea.org)) if any person is diagnosed with COVID-19 within 14 days of attending an IEA event.

## NEW RULE - IEA COVID-19 MANDATES

For the 2020-21 Competition Season all IEA shows and participants (show staff, volunteers, coaches, riders, and spectators) **must** adhere to the following IEA COVID-19 MANDATES:

### IEA COVID-19 MANDATES

- Verification of personal temperature of less than 100.4 degrees before arriving on Show grounds.
- Regardless of temperature, do not attend the Event if feeling ill, showing any signs that could potentially be related to COVID-19, or if you have been in contact with anyone diagnosed or showing symptoms of COVID-19 within 10 days\* of the event.
  - *While the **ideal quarantine time is still considered to be 14 days, it is recognized that a shorter quarantine period may balance significant societal burdens against the progressively smaller possibility of spreading the virus over time after exposure.** An individual may discontinue quarantine after Day 10 following close contact (exposure) without testing if no COVID-19 symptoms are present.*
- Face covering (Mask) **MUST BE WORN AT ALL TIMES** while attending an IEA show as a SPECTATOR, PARTICIPANT or OFFICIAL.
- Competitors must wear face coverings (masks) at all times except when mounted on a horse.
- If an individual needs a reasonable accommodation to the face covering (mask) requirement due to a verifiable disability under the Americans with Disabilities Act, a face shield should be worn. Any alternative accommodations to the face covering requirement must be confirmed by the membership office at least 48 hours before the event.
- Hands must be washed and/or sanitized upon arrival at Show grounds and frequently while in attendance. Attendees should bring a personal supply of hand sanitizer.
- Maintain Social-Distancing of at least 6 feet between non-family members.
- **Each rider is limited to bringing no more than one (1) attendant (guardian/spectator) per show.** Sibling riders are limited to one (1) shared attendant (guardian/spectator) per show. Depending on spacing and each show facility's policy, the attendant may or may not be permitted ringside to watch the rider compete.
- Advise the IEA membership office if any person is diagnosed with COVID-19 within 14 days of attending an IEA Event.
- National/State/Local Government and/or Health Department rules may differ from these IEA Guidelines/Rules. In ALL cases, the more restrictive regulations, recommendations, guidelines and requirements will prevail.